

## CURRICULUM VITAE

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### EDUCATION:

Ph.D. - Rutgers University, January 1975 - Social Personality Psychology  
M.S. - Rutgers University, June 1973 - Psychology  
B.A. - Kean College, June 1971 - Liberal Arts (Psychology) Summa cum Laude  
Attended Queens College, NY, January 1948 - September 1949

### CERTIFICATION:

Licensed: New Jersey Board of Psychological Examiners: License No. SI0 1156, since October 1976  
Private Practice, Morristown, NJ. February 1977 to June 2012  
Private Practice, Skillman, NJ. July 2012 to present

Privileges: St. Peter's Medical Center as independent practitioner in  
Psychology, Department of Family Practice, 1982 to 2006

### FACULTY APPOINTMENTS:

Emeritus Professor of Family Medicine and Community Health, Rutgers-Robert Wood Johnson Medical School. July 2009-

Clinical Professor, Department of Family Medicine, University of Medicine and Dentistry of New Jersey-Robert Wood Johnson Medical School, July 1, 1995 to July 1, 2008.

Clinical Assistant Professor, Department of Psychiatry, University of Medicine and Dentistry of New Jersey-Robert Wood Johnson Medical School (formerly Rutgers Medical School), July 1, 1986 to July 1, 2008

Professor, New Jersey Graduate Program in Public Health Faculty, Rutgers University, 1998 to 2005.

Clinical Associate Professor, Department of Family Medicine, University of Medicine and Dentistry of New Jersey-Robert Wood Johnson Medical School (formerly Rutgers Medical School), July 1, 1986 - July 1, 1995.

Adjunct Assistant Professor, Department of Family Medicine, University of Medicine and Dentistry of New Jersey-Rutgers Medical School, May 15, 1978 - June 30, 1986.

Adjunct Assistant Professor of Psychiatry, CMDNJ-Rutgers Medical School, Piscataway, NJ. Served on faculty of Physician's Assistant Program. Taught Interviewing, Introduction to Psychiatry and Clinical Seminar, May 1, 1977 - May 15, 1978.

Visiting Professor of Psychology, Livingston College, Rutgers University, September 1977-June 1978.

FACULTY APPOINTMENTS continued:

Adjunct Assistant Professor of Psychology, College of St. Elizabeth, Madison, NJ. Taught Gerontology, Spring 1978.

PROFESSIONAL EXPERIENCE:

Director of Behavioral Science – Department of Family Medicine, and UMDNJ-Robert Wood Johnson Medical School -St. Peter's Medical Center Family Practice Residency Program, July 1980 - July 2005, Robert Wood Johnson Medical School Family Medicine Residency Program July 2005 - July 2008

Principal Instructor - "Family Health Teaching Skills" 3 Credit Graduate Course, Family Health Track, Masters Program in Public Health, UMDNJ-Rutgers University, July 1985 to 2000 –sponsored through 2005 by the Department of Family Medicine as accredited CME for Faculty and Fellows.

Educational Coordinator Geriatric Fellowship Program, Department of Family Medicine, UMDNJ-Robert Wood Johnson Medical School, July 1, 1989 to 2005

Director of Fellowship Programs - Department of Family Medicine, UMDNJ-Robert Wood Johnson Medical School, September 1986 - June 1987.

Project Director Quality Assurance Program - Development and implementation of quality assurance in graduate medical education. Responsible for resident evaluation, remediation, research and faculty development activities. April 1978 - July 1980.

Senior Staff Psychologist - St. Clare's Community Mental Health Center. Outpatient therapist and Project Director, Senior Citizen's Mobile-Drop-in Center. Developed successful grant proposal and administered Title III project. September 1976 - September 1977.

Staff Psychologist - St. Clare's Community Mental Health Center. Individual, family and group psychotherapy. Training seminars for staff. Consultation with community agencies to include: aging, probation, VNA, family services, police, health departments and schools. January 1975 - September 1976.

Mental Health Clinician - Rutgers Community Mental Health Center. Individual, group and family therapy. Consultation. September 1972 - January 1975.

HONORS:

Lamda Alpha Sigma (Liberal Arts and Science Honor Society), Kean College

Outstanding Educator Award. 1988 Graduating Residents, UMDNJ-Robert Wood Johnson Medical School/St. Peter Medical Center Family Practice Residency Program.

Listed in Who's Who of American Women, 16th Edition.

Listed in Who's Who in the East, 24th Edition.

Recipient of the Foundation of UMDNJ's Excellence in Teaching Award for 1989-90

Recipient of the STFM Excellence in Education Award for 1997

Charter Member of Stuart D. Cook, M.D. Master Educators Guild, University of Medicine and Dentistry of New Jersey, September 2000. Vice President for Finance, 2002-July 2004

Honorary Membership in the American Academy of Family Physicians, October 2002

Listed in Who's Who in American Education 2007-2008 Edition

Listed in the 2009 Edition of Who's Who in America.

Listed the 2013 & 2014 Editions of Who's Who in America

Alfred Nelson Marquis Lifetime Achievement Award, 2017

#### PROFESSIONAL ASSOCIATIONS:

American Psychological Association 1972-

Division of Health Psychology, APA 1978-

Society of Teachers of Family Medicine 1978-

Secretary/Treasurer and Member, STFM Board of Directors, 2002-2004

Trustee, Society of Teachers of Family Medicine Foundation, 2001-2007

Member, STFM Board of Directors, 1997- 2001

Chair, Education Committee, 1997-2001

Member Education Committee, 1993-1997

Group on Doctor/Patient Interaction. Chair: Residency Education Component 1993-1995.

Group on Alternative Medicine, Member 1993-; Co-Chair 1996-1997

Liaison to American Academy of Family Physicians Commission on Education January 1999-May 2001

Society of Behavioral Medicine 1982-2002

Institute of Noetic Sciences 1983-

New Jersey Psychological Association 1980-1995

American Orthopsychiatric Association 1995-1997

American College of Forensic Examiners 1999-2001

American Board of Psychological Specialties 1999-2001

Diplomate in Medical Psychology 1999-2001

The Collaborative Family Healthcare Coalition 1999-2003

#### MANUSCRIPT REVIEWER:

*Family Medicine*: 1993-2008

*Families, Systems & Health*: 1998 -2008

*Topics in Clinical Nutrition*: 1992-1997

*Archives of Family Medicine*: 1992

*Patient Education and Counseling*: 2008

## COMMUNITY SERVICE:

Advisory Committee, Morris County Department on Aging, 1978-81.

Advisory Committee, County College of Morris, Pre-retirement Education Program, 1976-78.

Advisory Committee to Community Planner, Morris County Dept. on Aging, 1975-77.

## CONSULTANT POSITIONS:

Medical Inter-Insurance Exchange of New Jersey. Risk Prevention Department. Design and Implementation of Communication Enhancement Training. 1987-1992.

Atlantic City Medical Center, Primary Care Internal Medicine Residency Program, April 1991.

Warren Hospital Family Practice Residency Program. Periodic consultations regarding psychosocial curriculum and faculty development, 1980-1990.

St. Peter's Medical Center. Graduate Medical Education Program-Geriatrics Training, January 1988-July 1989.

## ADDITIONAL TRAINING:

NTL Institute: Professional Training Program in Laboratory Education, 1974-5

NTL Supervised Co-training, 1976 and 1977.

WEB SITES: [marianstuart.com](http://marianstuart.com) [15minutehour.com](http://15minutehour.com)

## PUBLICATIONS:

### BOOKS:

Stuart, M.R. and Lieberman, J.A. III. The Fifteen Minute Hour: Applied Psychotherapy for the Primary Care Physician. New York: Praeger, 1986.

Stuart, M.R. and Lieberman, J.A. III. The Fifteen Minute Hour: Applied Psychotherapy for the Primary Care Physician, 2nd Edition. Westport, CT: Praeger, 1993.

Nathan, R.G. and Stuart, M.R. Coping With the Stressed-Out People in Your Life. New York: Ballentine, 1994.

Stuart, M.R. and Lieberman, J.A. III. Current Concepts in Psychotherapy: Applied Psychotherapy for the Primary Care Physician. (monograph) Blue Bell, PA: Aetna-US Healthcare, 1997.

Stuart, M.R. and Lieberman, J.A. III, (Guest Eds.) Primary Care Clinics in Office Practice, Mental Health, Vol 26:2, June 1999.

Stuart, M.R. and Lieberman, J.A. The Fifteen Minute Hour: Applied Psychotherapy for the Primary Care Physician. First Japanese Edition. Tokyo, Japan: Igaku-Shoin, Ltd., 2001

Stuart, M.R. and Lieberman, J.A. III, The Fifteen Minute Hour: Practical Therapeutic Interventions in Primary Care, 3<sup>rd</sup> Edition Philadelphia: Saunders, 2002.

Stuart, MR & Lieberman JA III The Fifteen Minute Hour: Therapeutic Talk in Care 4<sup>th</sup> Ed., Radcliffe Publishing LTD, Oxford, UK 2008

Stuart, MR & Lieberman JA III The Fifteen Minute Hour: Therapeutic Talk in Care 5<sup>th</sup> Ed., Radcliffe Publishing LTD, Oxford, UK, 2015

Stuart, MR & Lieberman JA III The Fifteen Minute Hour: Efficient and Effective Patient Centered Consultation Skills. 6<sup>th</sup> Edition CRC Press, Taylor and Frances Group, 2019.

#### CHAPTERS:

Stuart, M.R. and Snope, F.C. "Family Structure, Family Dynamics and the Elderly" in Somers, A.R. and Fabian, D.R. (Eds), The Geriatric Imperative: An Introduction to Gerontology and Clinical Geriatrics. New York: Appleton-Century-Crofts, 1981, pp. 137-152.

Swee, D.E., Hobbs, J. and Stuart, M.R. "Preceptor Development" in Swee, D.E. (ed): Teaching Family Medicine in Medical School: A Companion To Predoctoral Education in Family Medicine. Kansas City: Society of Teachers of Family Medicine and The American Academy of Family Physicians, 1991, pp. 123-136.

Lieberman, J.A., III and Stuart, M.R. "Practicing Biopsychosocial Medicine" in Rakel, R.E. (ed): Textbook of Family Medicine, 5th Edition. Philadelphia: W.B. Saunders, 1995, pp. 55-61.

Stuart, M.R. "Stress Management for Arthritis Sufferers" in The American Institute of Stress, Positive Steps Toward Managing Stress and Its Effect on Arthritis. Pittsburgh: Smith Kline Beecham, 1995, pp.15-27.

Stuart, M.R. "The BATHE Technique" in Rakel, R.E. (Ed), Saunders Manual of Medical Practice. Philadelphia: W.B. Saunders, 1996, pp. 1108-9.

Lieberman, J.A., and Stuart, M.R. "Principles of Office Counseling" in Taylor, R. Manual of Family Practice. Boston: Little, Brown & Co, 1996, pp. 193-195.

Stuart, M.R. and Krauser, P.S. "Using Goals and Objectives in Community Rotations" in Paulman, P.M., Sussman, J.L. and Abboud, C.A. Precepting Medical Students in the Office. Baltimore: JohnsHopkins University Press, 2000, pp. 62-65.

Stuart, M.R. "The BATHE Technique" in Rakel, R.E. (Ed), Saunders Manual of Medical Practice, Edition 2. Philadelphia: W.B. Saunders, 2000, pp. 1445-6.

Stuart, M.R. "The 15-Minute Hour: A Short-Term Approach to Psychotherapy in Primary Care" in Dunphy, L.M. and Winland-Brown, J.E. Primary Care: The Art and Science of Advanced Practice Nursing Philadelphia: F.A. Davis, 2001, pp . 1205-1211.

Lieberman, J.A., III and Stuart, M.R. "Practicing Biopsychosocial Medicine" in Rakel, R.E. (ed): Textbook of Family Medicine, 6th Edition. Philadelphia: W.B. Saunders, 2002, pp. 65-70.

Roehmheld-Hamm, B. & Stuart, M.R. 17 Chapters on Psychiatry, Behavioral Science and Communication in Tallia, A.F., Cardone, D.A., Howarth, D.F & Ibsen, K.H. (Eds.) Swanson's Family Practice Review (5<sup>th</sup> Edition) Philadelphia: Elsevier, 2004

- Chapter 60 Major depression
- Chapter 61 Bipolar Disorder
- Chapter 62 Schizophrenia
- Chapter 63 Alcohol Abuse
- Chapter 64 Substance Abuse
- Chapter 65 Eating disorders
- Chapter 66 Generalized Anxiety Disorder (GAD)
- Chapter 67 Factitious Disorders
- Chapter 68 Somatoform Disorders
- Chapter 69 Panic Disorder
- Chapter 70 Obsessive Compulsive Disorder (OCD) and Post-Traumatic Stress Disorder (PTSD)
- Chapter 71 Sexual Dysfunction
- Chapter 72 Psychotherapy in Family Medicine
- Chapter 73 Use of Complementary and Alternative Medicine
- Chapter 74 Spousal Abuse
- Chapter 75 Ethics and Referrals
- Chapter 76 Breaking Bad News

Stuart M.R. Foreword to Alexander M, Lenahan P. & Pavlov A. (Eds.) Cinemeducation: A comprehensive guide to using film in medical education. Oxford UK: Radcliffe Publishing, 2005.

Stuart, M.R. Providing Feedback: Goals and Objectives in Paulman, P.M., Paulman, A.A., Harrison, J.D. Susman, J.L. & Finkelstein, K (Eds.) Precepting Medical Residents in the Office, Oxford UK: Radcliffe Publishing Ltd. 2006.

Lieberman, J.A., III and Stuart, M.R. "Practicing Biopsychosocial Medicine" in Rakel, R.E. (ed): Textbook of Family Medicine, 7th Edition. Philadelphia: W.B. Saunders, 2007, pp. 42-46.

Stuart, M. R. and Schnall, E. The 15-Minute Hour: Practical Psychotherapy for Primary Care in Dunphy, LM, Winland-Brown, JE, Porter, BO & Thomas, BJ, Primary Care: The Art and Science of Advanced Practice Nursing, Philadelphia: F. A. Davis, 2011.

#### REFEREED ORIGINAL ARTICLES:

- Stuart, M.R. and Mackey, K.J. Defining the difference between crisis intervention and short-term therapy. Hospital & Community Psychiatry, 1977, 28, 527-529.
- Stuart, M.R. A mobile service concept that works. GeronTopics, 1977, 1(5).

- Stuart, M.R. and Mackey, K.J. Mobile center links providers with isolated senior citizens. Hospitals, 1978, 52, 101-105.
- Stuart, M.R., Warburton, S.W., and Snope, F.C. Core Content In-Training Assessment: Another Look. Journal of Family Practice, 1979, 8, 1241-1243.
- Stuart, M.R., Goldstein, H.S., and Snope, F.C. Self-Evaluation by Residents in Family Medicine. Journal of Family Practice, 1980, 10, 639-642.
- Stuart, M.R., Orzano, A.J., and Eidus, R. Preceptor development in residency training through a faculty facilitator. Journal of Family Practice, 1980, 11, 591-595.
- Stuart, M.R., Kallman, H., and Goldstein, H.S. A Health Knowledge Questionnaire Survey for Senior Citizens. Journal of the Medical Society of New Jersey, 1982, 79, 997-999.
- Cassidy, R.C., Swee, D.E., and Stuart, M.R. Teaching Biopsycho-Ethical Medicine in a Family Practice Clerkship. Journal of Medical Education, 1983, 53, 778-783.
- Swee, D.E. and Stuart, M.R. Teaching the Residency Application Process to Third Year Medical Students. Journal of Medical Education, 1986, 61, 406-408.
- Rogers, J.C., Stuart, M.R., Swee, D.E., Formica, P. Family Involvement in the Relocation of Institutionalized Elderly. Journal of the American Board of Family Practice, 1990, 3, 157-162.
- Stuart, M.R., Simko, M.D. A Technique for Incorporating Psychological Principles into the Nutrition Counseling of Clients. Topics in Clinical Nutrition, 1991, 6, (4), 32-39.
- Carlston, M., Stuart, M.R., and Jonas, W. Alternative Medicine Instruction in Medical Schools and Family Practice Residency Programs. Family Medicine, 1997, 29, 559-562.
- Lieberman, J.A. & Stuart, M.R. The BATHE Method: Incorporating Counseling and Psychotherapy into the Everyday Management of Patients. The Primary Care Companion to the Journal of Clinical Psychiatry. 1999, 1, 35-38.
- Kligler, B., Gordon, A., Stuart, M. and Sierpina, V. Suggested Curriculum Guidelines on Complementary and Alternative Medicine: Recommendations of the Society of Teachers of Family Medicine Group on Alternative Medicine. Family Medicine, 2000, 32, 30-33.
- Heath, J.M. & Stuart, M.R. Prescribing Exercise for Frail Elders. Journal of the American Board of Family Practice, 2002, 15, 218-228.
- Hassett, AL, Maclean, R., Peterson, C., Stuart, MR, Buyske, S, Park, N, Savage, SV, Seligman, MEP. The Observational Evaluation of Subjective Well-Being in Patients with Rheumatoid Arthritis. Applied Psychology: Health And Well-Being, 2009, 1 (1), 46-6

## REFEREED PRESENTATIONS:

“The 5 Minute Hour: Online Clinical Interactions in the Era of Social Media” Workshop. Reider, J., Stuart, M., Rippen, H., Agresta, T., Chueh, H., Weiner, M., Morgan, S. AMIA 2011 Annual Symposium. Washington, DC. October 2011

“Accenting the Positive: Putting an Affirmative Spin on the BATHE Technique”. Seminar. Stuart, MR. 27<sup>th</sup> Annual Society of Teachers of Family Medicine North-East Regional Meeting, Baltimore MD. November 1, 2008.

“Growing From Our Medical Mistakes: Initiating the Process of Self-Forgiveness.” Workshop. Stuart, MR & Mc Garry, BJ. 27<sup>th</sup> Annual Society of Teachers of Family Medicine North-East Regional Meeting, Baltimore MD. October 31, 2008

“Accenting the Positive: Putting an Affirmative Spin on the BATHE Technique”. Seminar. Stuart, MR. The 28<sup>th</sup> Forum for Behavioral Science in Family Medicine, Chicago IL September 30, 2007

"Meeting the Behavioral Science Curricular Needs of International Medical Graduates in Family Medicine Residency". Seminar. Ruddy N, Angstadt S, Ciccone B, Solomon R & Stuart M 39<sup>th</sup> Annual STFM Spring Conference, San Francisco, CA April 29, 2006.

"Team Building to Improve Office Functioning" Seminar. Swee DE & Stuart MR 2005 AAFP Scientific Assembly, San Francisco, CA October 1, 2005.

"The Fifteen Minute Hour Revisited and a Dozen Reasons for BATHEing Patients". Seminar, Stuart, MR. 38<sup>th</sup> Annual STFM Spring Conference, New Orleans, LA, May 4, 2005.

"An Experiential Approach for Teaching About Groups Dynamics", Seminar, Stuart, MR and Swee, DE. 38<sup>th</sup> Annual STFM Spring Conference, New Orleans, LA, May 2, 2005.

"Teaching the 'Soft Stuff' Converting the Non-Believer", Seminar, Stuart, MR & Afran, J. STFM Annual Predoctoral Education Conference, Albuquerque, NM, January 30, 2005.

"The 15-Minute Hour: Practical Therapeutic Interventions in Family Medicine.” Three-Hour Course, Stuart, M.R. & Lieberman, J.P. III. 2004 AAFP Scientific Assembly, Orlando FLA Oct 14, 2004  
2003 AAFP Scientific Assembly, New Orleans, LA October 3, 2003; 2002 AAFP Scientific Assembly, San Diego, CA October 18, 2002.

"What Shall We Teach About Referrals and Consultations?" Lecture-Discussion. Roehmheld-Hamm, B. & Stuart, M.R. 37<sup>th</sup> Annual STFM Spring Conference, Toronto, ON. May 16, 2004.

"Medical Mistakes And Self-Forgiveness Revisited: How To Do It--How To Teach It." Seminar. Stuart, M.R. & McGarry, B.J. 37<sup>th</sup> Annual STFM Spring Conference, Toronto, ON. May 15, 2004.

"Appreciative Inquiry and Wisdom Circles For Transforming Routine Faculty Meetings Into Constructive Group Development Activities." Seminar. Swee, D.E., Stuart, M.R. & Afran, J. 37<sup>th</sup> Annual STFM Spring Conference, Toronto, ON. May 14, 2004.



"Transforming Routine Faculty Meetings Into Constructive Group Development Activities." Lecture-Discussion, Swee, D.E., Stuart, M.R. and Afran, J. 36<sup>th</sup> Annual STFM Conference, Atlanta, GA, September 22, 2003.

"Growing from our Medical Mistakes: Initiating the Process of Self-forgiveness." Seminar, Stuart, M.R. and McGarry, B.J. 36<sup>th</sup> Annual STFM Conference, Atlanta, GA, September 21, 2003.

"Self-Forgiveness: Growing from our Medical Mistakes." Lecture/Discussion. Stuart, M.R., Clabby, J.F. and McGarry, B.J. 35<sup>th</sup> Annual STFM Spring Conference. San Francisco, CA, April 30, 2002.

"Empowering parents during well-child visits: Practical strategies for the family physician." Seminar. Clabby, J. and Stuart, M.R. 20<sup>th</sup> Annual Northeast Regional Meeting of the Society of Teachers of Family Medicine. Mystic, CT, October 20, 2001.

"DOC: A tool for Enhancing Interviewing Skills Through Evidence-based Feedback." Lecture-Discussion. Clabby, J.F. and Stuart, M.R. 34<sup>th</sup> Annual STFM Annual Spring Conference. Denver, CO May 1, 2001

"Gifts, Wounds & Forgiveness: Orchestrating Practical Idealism in Medicine" Seminar. Stuart, M.R. and Clabby, J.F. 34<sup>th</sup> Annual STFM Annual Spring Conference. Denver, CO April 30, 2001.

"Gifts, Wounds & Forgiveness: Keys for Orchestrating Healing Rhythms in Families" Workshop. 21<sup>st</sup> Annual STFM Conference on Families and Health. Kiawah Island Resort, SC March 1, 2001

"DOC: A tool for Enhancing Interviewing Skills Through Evidence-based Feedback." Seminar. Clabby, J.F. and Stuart, M.R. 19<sup>th</sup> Annual STFM NorthEast Region Meeting, Philadelphia, PA. October 20, 2000.

"Preparing Residents for the Real World: Using a 2-day Workshop to Teach Employment Contracting, Managed Care Contracting, and Negotiating Skills. Workshop. Swee, D., Tallia, A., Schwenzer, L. and Stuart, M. 33<sup>rd</sup> Annual STFM Spring Conference, Orlando, FLA. May 5, 2000.

"Teaching Communications Skills for Working With Diverse Populations" Workshop. Afran, J, Like, R., Gottlieb, J. and Stuart M. 26<sup>th</sup> Annual STFM Predoctoral Education Conference, San Antonio, TX January 28, 2000.

"Reflecting on Gifts: Recapturing the soul of family medicine" Seminar. Stuart, M.R. and Like, R.C. 32<sup>nd</sup> Annual STFM Spring Conference, Seattle, WA, April 1999.

"Gifts to Heal the Soul" Seminar. 3<sup>rd</sup> International Conference on The Psychology of Consciousness, Energy Medicine and Dynamic Change, Sponsored by the National Institute for the Clinical Application of Behavioral Medicine, Hilton Head, SC, March 1999.

"Survival Skills in the Medical Market Place". Pre-conference Workshop. Swee, D.E., Stuart, M.R., Schwenzer, L.A. and Tallia, A.F. 17<sup>th</sup> Annual Northeast Region Conference of the Society of Teachers of Family Medicine, New Brunswick, NJ, October 8-9, 1999.

"The Fifteen Minute Hour Revisited: A Dozen Good Reasons for BATHEing Patients". Workshop. 17<sup>th</sup> Annual Northeast Region Conference of the Society of Teachers of Family Medicine, New Brunswick, NJ, October 9, 1998.

"Teaching about Complementary/Alternative Medicine: An Integrative Force in a Family Medicine Department." Seminar. Stuart, M.R., Afran, J., Krauser, P., Like, R.C. Wei-Ru Lin, K. & Creeden, J. 31st Annual STFM Spring Conference, Chicago, IL, April 1998.

"Teaching the Teachers: A Sampler for Those Who Conduct Faculty Development for Community Preceptors in Family Practice and Internal Medicine." Workshop. Quirk, M., Stone, S., Stuart, M.R. *et.al.* 31st Annual STFM Spring Conference, Chicago, IL, April 1998.

"Teaching Biopsychosocial Medicine in the Hospital Setting: Collaboration and Communication Around Family-Centered Care." Seminar. Stuart, M.R., Like, R.C. and Garcia, M. 30th Annual STFM Spring Conference, Boston, MA, May 1997.

"On Teaching Cultural Diversity: Why Do It, How to Do It, What Works." Seminar. Stuart, M.R., Like, R.C. and Spoerri-Bowman, R. 29th Annual STFM Spring Conference, San Francisco, CA, April 1996.

"Enhancing Health Through the Use of Imagery." Brief presentation. "Alternative Medicine Curriculum." Discussion. Carlston, M. and Stuart, M.R. Theme Day Presentation on Alternative Medicine. 29th Annual STFM Spring Conference, San Francisco, CA, April 1996.

"Alternative Medicine Instruction in American Medical Schools and Family Practice Residency Programs." Poster Session. Carlston, M. and Stuart M.R. 29th Annual STFM Spring Conference, San Francisco, CA, April 1996.

"Heart Disease in Women: Family Interventions for Primary, Secondary and Tertiary Prevention." Seminar. Thomsen, K.M. and Stuart, M.R. 16th Annual Family in Family Medicine Conference, Amelia Island, FL. March 1996.

"Writing Clear and Effective Goals and Objectives: Critical Skills for Family Medicine educators." Workshop. Stuart, M.R. and Swee, D. E. 22nd Annual Predoctoral Education Conference, Austin, TX. January 1996.

"Writing Clear and Effective Goals and Objectives: Critical Skills for Family Medicine educators." Workshop. Stuart, M.R. and Swee, D. E. 28th Annual STFM Spring Conference, New Orleans, LA, May 1995.

"Alternative Medicine Sampler: Snapshots and Suggestions." Workshop. Stuart, M.R., Carlston, M., Jonas, W.B., Levin, J.S. and Segebarth, N. 28th Annual STFM Spring Conference, New Orleans, LA, May 1995.

"Trust-Building Mechanisms in the Ongoing Patient-Doctor Relationship." Part of Theme Day Presentation on Continuity and the Doctor Patient Relationship with Gabriel Smilkstein. 27th Annual STFM Spring Conference, Atlanta, GA. May 1994.

"Empowerment in the Resident-Patient Interaction." Seminar. Fisher, JA. and Stuart, MR. 27th Annual STFM Spring Conference, Atlanta, GA. May 1994.

"Violence Against Women: You've Got to See it to Believe it." Seminar. Thomsen, K. and Stuart, M.R. STFM Violence Education Conference. Albuquerque, NM. November 1993.

"Applying Cultural Competence in the Resident-Faculty Interaction." Seminar. Tallia, A.F. and Stuart, M.R. 26th Annual STFM Spring Conference, San Diego, CA April 1993.

"Into the Belly of the Beast, Starting a Hospital Inpatient Service in A Challenging Environment." Seminar. Tallia, A.F., Micek-Galinat, L., Swee, D.E. and Stuart, M.R. 26th Annual STFM Spring Conference, San Diego, CA April 1993.

"Bio-behavioral Medicine: Changing Patient Behavior in the Management of Hypertension." Seminar. Stuart, MR. and Nathan, RG. 25th Annual STFM Spring Conference, St. Louis, MO, April 1992.

"Caring for Chronically Mentally Ill Patients in an Urban Setting: A Competency-Based Educational Approach." Seminar. Like, RC, Stuart, MR, and Tallia, AF. 24th Annual STFM Spring Conference, Philadelphia, PA, May 1991.

"Helping Patients to Change Their Behavior." Seminar. 24th Annual STFM Spring Conference, Philadelphia, PA, May 1991.

"Caring for Chronically Mentally Ill Patients in an Urban Setting: A Competency-Based Educational Approach." Seminar. Like, RC, Stuart, MR, and Tallia, AF. Northeast Regional STFM Conference, New York, NY, October 1990.

"Communications Enhancement Training: Essential Skills to Lower the Risk of Malpractice Suits." Seminar. 23rd Annual STFM Spring Conference, Seattle, WA, May 1990.

"The 15 Minute Hour: Applied Psychotherapy For the College Health Provider." Workshop. Stuart, MR, and Lieberman, JA III. 67th Annual Meeting, American College Health Association, Washington, DC, May 1989.

"Communications Enhancement Training: A Strategy to Prevent Malpractice Suits." Seminar. Annual Spring Conference STFM, Baltimore, MD, April 1988.

"The 15 Minute Hour: Psychotherapeutic Connections to Promote Student Health." Seminar. Stuart, M.R. and Lieberman, J.A., III. 65th Annual Meeting American College Health Association. Chicago, IL, May 1987.

"The 15 Minute Hour: Teaching Physicians to Effectively Incorporate Psychotherapy into Family Practice." Workshop. Stuart, M.R. and Lieberman, J.A. III. 7th Forum for Behavioral Science. Teachers of Family Medicine, Hinsdale, IL. October 1986.

"Teaching Biopsychosocial Medicine in the Hospital Setting." Seminar. Like, R.C. and Stuart, M.R. Annual Spring Conference, STFM, San Diego, CA. May 1986.

"The 15 Minute Hour Revisited: New Insights Into Incorporating Psychotherapy into Family Practice." Seminar. Stuart, M.R. and Lieberman, J.A. III. Annual Spring Conference, STFM, Nashville, TN. May 1985.

"The 15 Minute Hour: Incorporating Psychotherapy into Family Practice." Seminar. Stuart, M.R. and Lieberman, J.A. III. Annual Spring Conference, STFM, Orlando, FL. May 1984.

"Functional Health Status of Relocated Nursing Home Residents." Paper. Rogers, J.C., Breckenridge, M.B., Stuart, M.R., Crowley-Sheffield, P., Swee, D., Formica, P.E. Annual Meeting of NAPCRG, Orlando, FL. May 1984.

"The 15 Minute Hour: Effectively Incorporating Psychotherapy Into Family Medicine." Seminar. Northeast Regional Meeting, STFM, Philadelphia, PA. November 1983.

"Family Involvement in the Relocation of Institutionalized Elderly." Paper. Rogers, J., Breckenridge, M.B., Stuart, M.R., Swee, D.E., Formica, P.E. Paper. Annual Meeting of NAPCRG, Banff, Canada. April 1983

."Conflict Resolution and Negotiation Skills." Workshop. Northeast Regional Meeting, STFM, Providence, RI. November 1982.

"Disciplines in Dialogue: Integrating Ethical, Psychosocial and Clinical Undergraduate Teaching." Seminar. With R.C. Cassidy, Ph.D. and D.E. Swee, M.D., Family Medicine Predoctoral Education Conference, San Antonio, TX. February 1982.

"Family Dynamics and the Elderly." Third Annual Conference on Gerontology, Geriatrics and the Primary Care Physician, Pennsylvania State University Continuing Education Service, Hershey, PA. October 1981.

"Stress and Distress in Family Medicine: A Mandate for Teachers." with J.A. Zapp, M.D. et.al. Annual Spring Conference, STFM, San Diego, CA. May 1981.

"Videotape as a Versatile Tool in Preceptor Development at Community Family Practice Residency Programs." with R.J. Comer, Ph.D. et.al. Annual Spring Conference, STFM, San Diego, CA. May 1981.

"Role Strain." Workshop. Annual Spring Conference, STFM, Boston, MA. May 1980.

Core Content In-Training Assessment: Another Look." Paper. Annual Spring Conference, STFM, Denver, CO. May, 1979.

"The Rapid Response Group, an Existential Group Treatment Approach for the Waiting List Patient in Crisis." American Society of Group Psychotherapy and Psychodrama, April 1977.

"Who goes to a Tavistock Conference?" Paper. American Society of Group Psychotherapy and Psychodrama, April 1976.

#### INVITED PUBLICATIONS, PRESENTATIONS, AND WORKSHOPS:

"Death and Devastation: The Effect on Care Providers. Seminar. American College of Rheumatology Annual Meeting. Convention Center, San Diego, CA. November 7, 2017

“Successful Aging: What does the Research Say?” Lecture. American College of Rheumatology Annual Meeting. Boston Convention Center, Boston, MA November 18, 2014

“The Fifteen Minute Hour”, Workshop, 51<sup>st</sup> Annual Scientific Assembly, Ontario College of Family Physicians, Toronto, Canada, November 30, 2013.

“The Fifteen Minute Hour”, Webinar. *Webinars for GP's* <https://global.gotowebinar.com> October 16, 2013

“The Fifteen Minute Hour” CME Lecture, Saint Joseph Regional Medical Center, Mishawaka, IN. May 15, 2013

“Behavioral Medicine Workshop” Saint Joseph Regional Medical Center Family Medicine Residency Program, Mishawaka, IN. May 15, 2013

Master Class in Primary Care Mental Health and Wellbeing, Walton-Hill Associates, Friends House, London, UK, October 16, 2012

"The 15 Minute Hour and Cognitive Behavioral Therapy". Lecture. Temple School of Medicine, 36th Semi-Annual Temple Family Practice Review Course, Lancaster Pa, March 14, 2012.

"What is Cognitive Behavioral Therapy? A Review of the “B-A-T-H-E” Technique and the 15 Minute Hour: A Case Study Approach. Workshop. . Temple School of Medicine, 36th Semi-Annual Temple Family Practice Review Course, Lancaster Pa, March 14, 2012.

“Feedback in Clinical Practice and Introduction to Situational Leadership”. Workshop. Office of Faculty Development, Robert Wood Johnson Medical School. New Brunswick, NJ. June 10, 2008

"Improving Brain Health" Concurrent Session N.J. Foundation for Aging 9<sup>th</sup> Annual Conference The New Face of 60 in New Jersey. Stuart, MR , Ofei-Ayisi, D and Ross, MA. Jamesburg, NJ June 11, 2007

"Keep it Moving" Stuart, M and Heath J. Renaissance: The Magazine for New Jersey's Mature Adults. June/July 2007 14(3)8-9.

"Treating Depression in Primary Care". 3-Hour Workshop. UIC / Illinois Masonic Family Practice Residency, Chicago IL June 8, 2007

Faculty Development Workshop related to Training Grant on Depression. UIC / Illinois Masonic Family Practice Residency, Chicago IL June 8, 2007

"The 15 Minute Hour" Hatton Medical Grand Rounds, Department of Medicine, Good Samaritan Hospital, Cincinnati, OH, October 25, 2006.

"Professor Rounds: Case Presentations" Department of Medicine, Good Samaritan Hospital, Cincinnati, OH, October 25, 2006.

"The Fifteen Minute Hour: Practical Therapeutic Interventions in Family Medicine" Lecture. Bethesda Family Practice Residency Program, Cincinnati, OH October 24, 2006.

Faculty Development: Microskills and Precepting. Workshop for faculty of Bethesda Family Practice Residency Program, Cincinnati, OH October 24, 2006.

"Primary Care as the DeFacto Mental Health System in the United States" Opening Plenary. 2006 Jauch Memorial Education Symposium, Northeast Iowa Medical Education Foundation, Waterloo, IA June 16, 2006.

"On Making A Difference In Family Medicine, Today And Tomorrow." Opening Plenary, The 26<sup>th</sup> Forum for Behavioral Science in Family Medicine, Chicago, IL September 16, 2005

"Group Dynamics", 2-Hour Workshop, for Interdisciplinary Course "Principles and Practice of Interdisciplinary Health Care Delivery", Department of Family Medicine, UMDNJ-School of Osteopathic Medicine, Stratford, NJ, June 28, 2005.

Stuart, MR "Teaching Counseling Skills in Family Medicine" Education Column, *STFM Messenger*, April 2005, Pg. 2.

Stuart, M.R. and McGarry, B.J. "Self-Forgiveness: Bringing out the best from our Medical Mistakes." Grand Rounds Presentation, Department of Family Medicine, St. Peter's University Hospital, New Brunswick, NJ February 16, 2005.

Stuart, MR "Successful Aging." Closing Plenary. NPACE Primary Care of the Older Adult & Complementary Health Care Conference 2004, Hyannis, MA, July 17, 2004

"The Fifteen Minute Hour", Lecture, Stuart, MR NPACE Primary Care of the Older Adult & Complementary Health Care Conference 2004, Hyannis, MA, July 17, 2004

Graduation Address, "Gifts, Peace of Mind, and Seven Laws of Ecology." UMDNJ - RWJMS at Capital System Family Practice Residency Program Graduation Ceremony, June 26, 2004.

Warren Hospital Family Practice Residency Program Faculty Retreat. Easton, Pa. May 19, 2004 and follow-up June 23, 2004

"The Fifteen Minute Hour: Practical Therapeutic Interventions in Primary Care" Workshop. Annual Meeting NJ State Society of Physician Assistants, Long Branch NJ, February 19, 2004.

"Constructive Feedback", 2-Hour Faculty Development Workshop for the faculty of the Warren Hospital Family Practice Program, Phillipsburg, NJ April 2, 2003

"How to Participate in a Facilitated Discussion" Panelist Presentation and Facilitator Training for Ten State Conference: Family Practice in a Competitive Environment, NJ Academy of Family Physicians, New Brunswick, NJ, January 31-February 1, 2003.

The Fifteen Minute Hour: Bringing out the Best Through Practical Therapeutic Interventions in Primary Care. Plenary address. Stuart, M.R. The 23<sup>rd</sup> Forum: Bringing Out the Best in Our Resident Patients and Ourselves. Chicago, IL September 30, 2002.

Self-forgiveness: Bringing out the Best from our Medical Mistakes. Invited seminar. Stuart, M.R. The 23<sup>rd</sup> Forum: Bringing Out the Best in Our Resident Patients and Ourselves. Chicago, IL September 30, 2002.

Group Facilitator, UMDNJ-Robert Wood Johnson Medical School 4<sup>th</sup> Annual Chief Resident Retreat, Edison N.J. May 7, 2002.

“Successful Aging” Keynote Address. Women’s Health 2002: A Practical Approach to Your Female Patients Conference. Departments of Family Medicine and Obstetrics, Gynecology & Reproductive Sciences, UMDNJ-RWJMS , Hilton Woodbridge, Iselin NJ, April 20, 2002.

“Successful Aging” Lecture. Women’s Health Luncheon Series, UMDNJ-Robert Wood Johnson Medical School, April 18, 2002.

Two-Day Invitational Behavioral Science Workshop for Senior Educators. Department of Family Medicine, Tel Aviv University, Sackler Medical School, Tel Aviv, Israel. December 17-18, 2001

“The Fifteen Minute Hour-Incorporating Psychotherapy into the Routine Consultation.” Two-hour workshop. Department of Family Medicine, Rappaport Faculty of Medicine, Technion-Israel Institute of Technology, Haifa, Israel, December 14, 2001.

“The Fifteen Minute Hour-Incorporating Psychotherapy into the Routine Consultation.” Keynote Presentation. 10<sup>th</sup> Israeli Congress of General Practice-Family Medicine, Tel Aviv, Israel, December 12, 2001.

“Helping Patients Change Their Behavior.” Workshop. 10<sup>th</sup> Israeli Congress of General Practice-Family Medicine, Tel Aviv, Israel, December 12, 2001.

“Teaching Skills for Family Medicine” 20 Hour Course. Stuart, M.R. and Neil Whitman, Ed.D. Pisacano Scholars Leadership Program, Annual Leadership Skills Development Symposium, October 5-7, Atlanta, GA.

“The 15-minute Hour: Incorporating Counseling and Psychotherapy in the Management of Patients.” Three-Hour Course, Stuart, M.R. & Lieberman, J.P. III. 2001 AAFP Scientific Assembly, Atlanta, GA. October 4, 2001.

“Helping Patients Change Their Behavior”. Plenary. New Jersey & Pennsylvania Academies of Family Physicians 2001 Joint Annual Meeting & Scientific Assembly, Philadelphia, PA, June 3, 2001.

“The 15 Minute Hour, Parts I and II”. Seminars. New Jersey & Pennsylvania Academies of Family Physicians 2001 Joint Annual Meeting & Scientific Assembly, Philadelphia, PA, June 2, 2001.

“Successful Aging.” Seminar. Stuart, M.R. & Gopin J.M. New Jersey & Pennsylvania Academies of Family Physicians 2001 Joint Annual Meeting & Scientific Assembly, Philadelphia, PA, June 1, 2001.

“How to Handle the ‘Difficult Patient’”. Lecture. NPACE (Nurse Practitioner Associates for Continuing Education) Newport National Women’s Health Care Conference, Newport, RI. May 22, 2001.

“Treating the Somatizing Patient.” Lecture. NPACE Newport National Women’s Health Care Conference, Newport, RI. May 22, 2001.

“The 15 Minute Hour: Incorporating Psychotherapy into the Routine Consultation.” Lecture. 20<sup>th</sup> Annual Forum for General Practitioners. The Royal Society of Medicine. London, UK. September 22, 2000.

“Successful Aging.” Lecture. September 2000 Update for General Practitioners. Royal College of General Practitioners. London, UK. September 21, 2000.

“Everything You Wanted to Know About Teaching (But Were Never Taught in Medical School): Practical Hints for Enhancing Education and Learning.” Smith, G.N., Stuart, M.R. Shore, W.B. and Tysinger, J. Workshop IV of Invitation to Excellence: STFM Faculty Development Series. Pre-conference Workshop. National Meeting of Students and Residents, Kansas City, August 2, 2000.

"Helping Your Patients Change Their Behavior." Plenary Presentation. NPACE (Nurse Practitioner Associates for Continuing Education) National Women's Health Conference, Newport, Rhode Island June 27, 2000.

"Patient Centered Communication Skills" Workshop. Community Oriented Primary Care Assistantship Program, UMDNJ-Robert Wood Johnson Medical School, June 8, 2000.

“Successful Aging”. Grand Rounds Presentation. Department of Family Practice, St. Peter’s Medical Center, February 16, 2000.

“Faculty Development Series Workshop IV: Teaching One-on-One: What You Really Need to Know:” Special Session. Stuart, MR, Shore, W, Williams, R. & Tysinger, J. 26<sup>th</sup> Annual STFM Predoctoral Education Conference, San Antonio, TX January 29, 2000.

“Educational Methods and Theories” Peer Session Moderator. 26<sup>th</sup> Annual STFM Predoctoral Education Conference, San Antonio, TX January 28, 2000.

“Everything You Wanted to Know About Teaching (But Were Never Taught in Medical School): Practical Hints for Enhancing Education and Learning”. Smith, G.N., Stuart, M.R., Taylor, A.D. and

Tysinger, J. Workshop IV of Invitation to Excellence: STFM Faculty Development Series. Pre-conference Workshop. CFPR/NCSM Convention, Kansas City, July 28, 1999.

“The 15 Minute Hour: Psychotherapy in Primary Care.” Keynote Presentation. NPACE (Nurse Practitioner Associates for Continuing Education) Conference. Primary Care of the Older Adult: Baby Boomers & Beyond. North Falmouth, MA July 9, 1999.

“Successful Aging.” Keynote Presentation, NPACE (Nurse Practitioner Associates for Continuing Education) Conference. Primary Care of the Older Adult: Baby Boomers & Beyond. North Falmouth, MA, July 8, 1999.



“Healing and the Mind.” Panelist Presentation. The Mainstreaming of Complementary Health Care, Conference sponsored by New Jersey Public Health Association, Somerset, NJ April 27, 1999.

“Counseling in Primary Care How to do, how to teach it” Plenary. The Medical Interview. A Faculty Development Course co-sponsored by the American Academy on Physician and Patient. Lehigh Valley Hospital, Allentown, PA and Milton S. Hershey Medical Center, Allentown, PA, March 20, 1999.

Discussant for Peer Paper Session on Theories of Learning. 25<sup>th</sup> Anniversary STFM Predoctoral Education Conference, Savannah, GA, February 4, 1999.

“Teaching One-on-One: What You Really Need to Know”. Special Invited Presentation. Smith, G.N., Stuart, M.R. and Swee, D.E. 17<sup>th</sup> annual Northeast Region Conference of the Society of Teachers of Family Medicine, New Brunswick, NJ, October 9, 1998.

"The 15 Minute Hour: Effectively Incorporating Counseling and Psychotherapy into the Day-to-Day Management of Patients." Workshop. Stuart, M.R. and Lieberman, J.A. III. 42nd Annual AAFP Scientific Assembly, Dallas, TX, October 1990.

"The 15 Minute Hour: Effectively Incorporating Counseling and Psychotherapy into the Day-to-Day Management of Patients." Workshop. Stuart, M.R. and Lieberman, J.A. III 43rd Annual AAFP Scientific Assembly, Washington, D.C September 1991; 44th. AAFP Scientific Assembly, San Diego, CA, October 1992. 45th Annual AAFP Scientific Assembly Orlando, FL. October 1993; 46th Annual AAFP Scientific Assembly, Boston, MA, September 1994. 47th Annual AAFP Scientific Assembly, Anaheim, CA, September 1995; 48th Annual AAFP Scientific Assembly, New Orleans, LA, October 3, 1996. 49th Annual AAFP Scientific Assembly, Chicago, IL, September 17, 1997. 50<sup>th</sup> Annual AAFP Scientific Assembly, San Francisco, CA, September 19, 1998.

“Everything You Wanted to Know About Teaching (But Were Never Taught in Medical School): Practical Hints for Enhancing Education and Learning”. Smith, G.N., Sussman, J., Stuart, M.R. and Tysinger, J. Workshop IV of Invitation to Excellence: STFM Faculty Development Series. Pre-Conference Workshop. NCFPR/NCSM Convention, Kansas City, July 29, 1998.

"How to write a successful conference proposal." Education Column. STFM Messenger, April 1998, 18, p.2.

"The 15 Minute Hour: Doing Psychotherapy in Primary Care." Featured Clinical Presentation. NPACE (Nurse Practitioner Associates for Continuing Education) National Primary Care Conference, San Diego, CA, February 13, 1998.

"The Fifteen Minute Hour: Psychotherapy Skills for Primary Care." Pre-conference Workshop. NPACE (Nurse Practitioner Associates for Continuing Education) National Primary Care Conference, San Diego, CA, February 11, 1998.

"Marital Therapy: Improving Couples' Emotional and Sexual Communications." Workshop. Second Annual Symposium, Medical Psychotherapy for Primary Care Physicians at The Medical Clinic for Person-Centred Psychotherapy, Toronto, Canada, November 15-16, 1997.

"Women's Sadness: Identifying and Treating Depressed Patients." Lecture. Second Annual Symposium, Medical Psychotherapy for Primary Care Physicians at The Medical Clinic for Person-Centred Psychotherapy, Toronto, Canada, November 15-16, 1997.

"The Fifteen Minute Hour: Psychotherapy in Primary Care Setting." Featured presentation. NPACE (Nurse Practitioner Associates for Continuing Education) National Primary Care Conference, Boston, MA, November 6, 1997.

"The Fifteen Minute Hour: Applied Psychotherapy for the Primary Care Physician. Parts I and II." Workshops. Sixth Annual Family Physicians' Approach to Clinical Problems. Sponsored by Shadyside Hospital, Pittsburgh, PA, October 16, 1997.

"The Fifteen Minute Hour: Applied Psychotherapy in General Practice." Invited Presentation. 17th Annual General Practitioners Forum at the Royal Society of Medicine, London, UK. September 19, 1997.

"BATHE Techniques." Workshop; Teaching Patient-Centered Communication: A Skills Development Workshop sponsored by East Tennessee State University hosted by University of Pennsylvania, Philadelphia PA, June 12-14, 1997.

"Cross Cultural." Workshop. McCord, R. Lichstein, P. and Stuart, M.R.; Skills Group Facilitator. Patient-Centered Communication: A Skills Development Workshop sponsored by East Tennessee State University hosted by University of Pennsylvania, Philadelphia PA, June 12-14, 1997.

"Teaching Medical Students about Biopsychosocial Medicine." Lecture. Department of General Practice, University of Copenhagen, Denmark. March 21, 1997.

"The Fifteen Minute Hour." Lecture. Royal College of General Practitioners, Danish Medical Association, Copenhagen, Denmark. March 20, 1997.

"Getting More Relevant Information and Being of Greater Support to Patients in Your Consultation-Work." Lecture. Department of Family Medicine, University of Odense. Denmark. March 19, 1997.

"The Fifteen Minute Hour: Applied Psychotherapy for the Primary Care Physician." 6-Hour Presentation. Workshop for Family Physicians coordinated by Dr. Hans Kallerup, sponsored by Vejle and Kolding Counties, Hotel Munkebjerg, Vejle, Denmark. March 16-18, 1997.

"Using Goals and Objectives in the Community Family Medicine Rotation." Stuart, M.R. and Krauser, P.S. Column: For the Office-based Teacher of Family Medicine, Family Medicine, February, 1997.

Lieberman, J.A., Stuart, M.R. & Robinson, S.A. "Enhance the Patient Visit with Counseling and Listening Skills." Family Practice Management "Office Suite", Nov/Dec 1996, pp. 70-75.

"The Practice of Bio-Psycho-Social Medicine: Prevention in Primary Care Offices." Plenary. Lieberman, J.A. and Stuart, M.R. Prevention Training Workshop in Managed Behavioral Healthcare. U.S. Center for Substance Abuse Prevention and Aetna/U.S. Healthcare. East Rutherford, NJ. November 13, 1996.

Retreat for Faculty and Administrators. Warren Hospital Family Practice Residency Program, with F.C. Snope, MD, Princeton NJ, January 6-7, 1990, October 14-16, 1994, October 25-26, 1996.

"Writing Clear and Effective Goals and Objectives: A Critical Educational Skill." Workshop. Educating Physicians in Occupational Health and the Environment. 2-day Course. Environmental and Occupational Health Sciences Institute, Piscataway, NJ, October 24, 1996.

"BATHE: A Procedure for Addressing Psychological Issues in Primary Care." Grand Rounds Presentation. Department of Obstetrics and Gynecology, UMDNJ-Robert Wood Johnson Medical School, St. Peter's Medical Center, New Brunswick, NJ, October 23, 1996.

"The 15-Minute Hour." (1 hour audio tape) Audio-Digest: Family Practice, September 2, 1996, 44, 33.

"Communicating With the People you Care About." Seminar. Womens' Wellness Center. Department of Obstetrics & Gynecology, UMDNJ-Robert Wood Johnson Medical School, May 9, 1996.

"The Fifteen Minute Hour: Practical Medical Psychotherapy." Plenary. Medical Psychotherapy for n Primary Care Physicians. Symposium sponsored by Pfizer, Canada and The Medical Clinic for Person-Centred Psychotherapy, Toronto ON, May 11, 1996.

"Marital Therapy Workshop: Improving Couples' Emotional and Sexual Communications." Interactive workshop. Medical Psychotherapy for Primary Care Physicians. A One Day Symposium sponsored by Pfizer Canada, Inc. and The Medical Clinic for Person-Centered Psychotherapy. Toronto ON, May 11, 1996.

"Enhancing Dialogue With Your Patients." Plenary. Practical Primary Care for Your Female Patients. Conference sponsored by Robert Wood Johnson Medical School, Department of Family Medicine and the Center for Continuing Education, Long Branch, NJ, April 18, 1996.

"The Fifteen Minute Hour." Family Practice Grand Rounds Presentation. York Hospital. York, PA. April 11, 1996.

"Improving Couples Emotional and Sexual Communications." Seminar for Residents and Faculty. York Family Practice Residency Program, York, PA. April 11, 1996.

"The Fifteen Minute Hour: Applied Psychotherapy for the Primary Care Physician." 2-Hour CME Lecture, Altoona Hospital Center for Medicine, Altoona, PA. April 4, 1996.

"Stress Management for Physicians", "Treating Anxiety and Depression in Primary Care", "Enhancing Patient Compliance" and "Improving Couple Communication". Seminars. Altoona Hospital Family Medicine Residency Program. Altoona, PA. April 4, 1996.

"Managing Stress Effectively". Roving Symposium. Academy of Medicine of New Jersey. East Orange General Hospital, March 5, 1996.

"Marital Therapy: Improving Couples' Emotional and Sexual Communications." Workshop. The Ontario College of Family Physicians 33rd Annual Scientific and Business Meeting, Toronto ON, November 1995.

"The 15-Minute Hour: Counselling Within Your Practice." Workshop. The Ontario College of Family Physicians 33rd Annual Scientific and Business Meeting, Toronto, Ontario, November 1995.

"Coping With Change." Seminar. Womens' Wellness Center. Department of Obstetrics & Gynecology, UMDNJ-Robert Wood Johnson Medical School, October 19, 1995.

"Interviewing Techniques in Office Practice: Utilizing the 15 Minute Hour." Workshop. Stuart, M.R. and Lieberman, J.A. III. 1st Primary Care Review Program, Presented by Temple University School of Medicine and Lancaster General Hospital, Lancaster, PA. October 10, 1995.

"The Fifteen Minute Hour: How to Use It, How to Teach It." Workshop. Foundations of Clinical Medicine Faculty Enrichment Seminar, Medical College of Virginia, Richmond VA, September 16, 1995.

"On Teaching Diversity." Education Column. STFM Messenger, August 1995, 15, p. 3.

"The Fifteen Minute Hour: Applied Psychotherapy for the Primary Care Physician." Four hour presentation. 3rd and 4th Annual Family Physicians' Approach to Clinical Problems. Sponsored by Shadyside Hospital, Pittsburgh, PA. Hidden Valley Resort, Hidden Valley, PA. August 19, 1994 and August 18, 1995.

"The Fifteen Minute Hour". 67th Post-Graduate Seminar for Family Physicians, Geisinger Wyoming Valley Hospital, Wilkes-Barre, PA May 31, 1995

"The Fifteen Minute Hour". Full-day workshop. Stuart, M. R. and Lieberman, J. A. 1995 Department of State Continuing Education Program. Honolulu, Hawaii May 1, 1995; Washington, D. C. May 17, 1995.

Stuart, M.R. and Lieberman, J.A., III. Finding time for counselling in primary care. Patient Care Canada, 1995, 6, 42-54.

Nathan R. and Stuart, M. Stress Management: Helping others deal with stress. Taking Care, 1995, 17, 5-6. (Publication of The Center for Corporate Health)

"The Doctor-Patient Interaction: Maximizing the 15 Minute Visit". Workshop Stuart, M. R. and Lieberman, J. A. 19th Annual Family Practice Review Program. Presented by Temple University School of Medicine and Lancaster General Hospital, Lancaster, PA. March 1995.

Stuart, M.R. and Lieberman, J.A., III. Finding Time for counseling in primary care. Patient Care, November 15, 1994, 118-129.

"All You Really Need to Know About Precepting. . . ." Workshop. Swee, D.E., Hammond, B., Stuart, M.R., Sobel, J. and Mehne, P. 42nd Annual Meeting & Scientific Assembly. New Jersey Academy of Family Physicians, Atlantic City, NJ. June 1994.

"Teaching Counseling and Psychotherapy in the Family Practice Residency." Seminar. Workshop for Directors of Family Practice Residencies. AAFP, Kansas City, June 1988. June 1989, June 1990, June 1991, June 1994.

"Preceptor Education Project - Training the Trainers." 8-hour Workshop with D.E. Swee. Montefiore Medical Center, Albert Einstein College of Medicine, Bronx, NY. June 8-9 1994.

"Teaching Counseling and Psychotherapy in the Family Practice Residency." Seminar. Workshop for Directors of Family Practice Residencies. AAFP, Kansas City, June 1988. June 1989, June 1990, June 1991, June 1994.

"Coping with the Stressed-Out People in your Life." Lecture. Happy Hearts Support Group. Robert Wood Johnson University Hospital, New Brunswick, NJ. May 12, 1994.

"Coping with Change." Seminar. Womens' Wellness Center. Department of Obstetrics & Gynecology, UMDNJ-Robert Wood Johnson Medical School, March 31, 1994.

"The Fifteen Minute Hour: Applied Psychotherapy for the Family Physician." General Practice Conference: Consortium for Osteopathic Graduate Medical Education and Training, Michigan State University, East Lansing, MI, May 6, 1992, March 2, 1994.

"The 15 Minute Hour." Heron Memorial Lecture. California Academy of Family Physicians 46th Scientific Assembly. Monterey, CA. February 21, 1994.

"The Fifteen Minute Hour: Applied Psychotherapy for the Primary Care Physician." Four hour presentation with J.A. Lieberman III., M.D. 2nd Annual Family Physicians' Approach to Clinical Problems. Sponsored by Shadyside Hospital, Pittsburgh, PA. Nemaquin Woodlands Resort, Farmington, PA. August 19, 1993.

"Adult Learning and Feedback." Lecture. Seminar on Resident as Teacher. Internal Medicine Residency Program. St. Peter's Medical Center. July 9, 1993.

"Teaching Behavioral Sciences in a Family Practice Residency Program." Faculty Workshop. Speaker and Facilitator. Medical College of Virginia. Charlottesville, VA. June 26, 1993.

"Empowerment." Four Hour Workshop for residents with Judith A. Fisher, M.D. Medical Center of Delaware, Wilmington, DE May 18, 1993.

"Physician-Patient Communication." Lecture. Program on Death & Dying. UMDNJ-Robert Wood Johnson Medical School. April 21, 1993.

"Helping the Stressed-out People in Your Life." Seminar. Women's Wellness Center, Dept of OB-Gyn, UMDNJ-Robert Wood Johnson Medical School, March 18, 1993.

"Applied Psychotherapy for Office Practice: The 15 Minute Hour." Roving Symposium, Academy of Medicine of New Jersey. Marlboro Psychiatric Hospital, January 22, 1993, St. Mary's Hospital, Passaic, March 10, 1993.

"Applied Psychotherapy for the Family Physician." Faculty Development Seminar in Behavioral Science, Department of Family Medicine, Michigan State University, College of Osteopathic Medicine, East Lansing, MI, May 6, 1992.

"The Fifteen Minute Hour: Applied Psychotherapy for the Family Physician", "How to Get Patients To Change Their Behavior" and (with A. Buchanan, M.D.) "The Problem Patient in Family Practice." Psychiatric Update Conference For Physicians, Vancouver BC, November 1990, May 1991, Sehon-Buchanan Medical Media, Toronto ON, January 1991, November 1991.

"The Fifteen Minute Hour: Applied Psychotherapy for the Family Physician." 3 hour presentation to Residents for Ft. Wayne Residency Program, Ft. Wayne, IN, October 1991.

"Communications Enhancement Training: A Strategy to Prevent Malpractice Suits." St. Joseph's Family Practice Residency Program, October 1991.

"System Sickness." with J.A. Lieberman, M.D., M.P.H., et.al., Grand Rounds Presentation, Department of Family Medicine, St. Peter's Medical Center, June 19, 1991.

"Teaching Students in Your Office: Fun and Fulfillment for All." Workshop. Swee, D.E., Stuart, M.R. 38th Annual AAFP Scientific Assembly, Washington, DC. October 1986. 39th Annual AAFP Scientific Assembly, San Francisco, CA, September 1987. 40th Annual AAFP Scientific Assembly, New Orleans, LA, October 1988. 41st AAFP Annual Scientific Session Los Angeles, CA, September 1989.

"Teaching Students in Your Office: Fun and Fulfillment for All." Workshop. Swee, D.E., Stuart, M.R. 42nd Annual AAFP Scientific Assembly, Dallas, TX, October 1990. 43rd Annual AAFP Scientific Assembly, Washington, D.C., September 1991.

Mini-Retreat for Faculty of Internal Medicine and Family Practice Residency Programs, Atlantic City Medical Center, with F.C. Snope, M.D., Atlantic City, NJ. June 6-7, 1991.

"Stress, Anxiety and Depression in the Family Setting." Plenary Session, Doctors' Lounge: Seminars in Family Medicine: Developmental Disabilities and the Family Physician. New Jersey Academy of Family Physicians, 39th Annual Scientific Assembly, Atlantic City, NJ, April 13, 1991.

"Stress and Immune Dysfunction." Workshop. Complications of Aging. Neurology of Aging Conference, New Brunswick, NJ, April 10, 1991.

"Non-Pharmacotherapy of Anxiety Disorders" and "How to BATHE Patients As you S.O.A.P Them." Lectures. Diagnosing, Managing and Teaching about Anxiety in Family Practice. Faculty Development Workshop, Department of Family Medicine, Albany Medical College, Albany, NY, April 3, 1991.

"Behavioral Treatment of Asthma." Grand Rounds Presentation, Department of Family Practice. St. Peter's Medical Center, New Brunswick, NJ, March 1991.

"Handling The Difficult Patient." Address to New Jersey Family Practice Residency Programs Nurse Managers' Association, Princeton, NJ, September 1990.

"Communication Enhancement Training." One and one half day workshop for physicians at high risk for litigation and/or mandated. Medical Inter-Insurance Exchange. Atlantic City, March 1989, March 1990, April 1990. Follow-ups May 1989, June 1990. Additional Six Hour Follow-ups September 1989, July 1990, September 1990.

"Counseling Update": Six Hour Feature Presentation. Psychiatric Update 1989-1990, Sehon Buchanan Medical Media Inc. in association with the Mood disorders Service, University of British Columbia, Vancouver, BC. November 1989; May 1990.

"The Fifteen Minute Hour: Applied Psychotherapy for the Practicing Physician." General Medical Staff Grand Rounds, Chestnut Hill Hospital, Philadelphia, PA. October 13, 1989.

"The Fifteen Minute Hour." Lecture for Medicine and Family Medicine Housestaff and Faculty. York Hospital, York, PA. August 17, 1989.

"Stress Management." Two day Workshop for Housestaff. Family Practice Residency Program. University of South Alabama, College of Medicine, Mobile, AL, July 27-28, 1989.

"Writing Objectives for Health Service Grants." Half Day Workshop for Service Providers, Sponsored by Maternal and Child Health Services, Division of Community Health Services, NJ Department of Health. Princeton, NJ, February 28, 1989.

"Communication Enhancement Training." Three Hour Workshop for Medical Staff of Atlantic City Medical Center, Atlantic City, NJ, November 1988.

"Telephone Crisis Management Training." with David E. Swee, M.D. 14 Hour Workshop for Claims Professionals. Continental Insurance Companies, Livingston, NJ, August 3-4 and September 27-28, 1988.

"The Fifteen Minute Hour: Psychotherapeutic Connections to Support Student Health." Day-long Seminar. Student Health Service Annual Retreat. University of North Carolina at Chapel Hill, May 1988.

"Communication Enhancement Training." Medical Inter-Insurance Exchange. Two-day Workshop for Physicians. Atlantic City, NJ, April 1988. Follow-up sessions May, June and September, 1988.

"All in the Family: Attitudes, Behavior and Communications." Workshop. Symposium "To Whom it May Concern." Somerset County Office on Aging, et.al. Somerset Medical Center, November 1987.

"Sexuality and Aging." Family Practice Seminar in Geriatrics, Warren Hospital, Phillipsburg, NJ. April 1987.

"How to Survive and Like It." Media Relations Workshop for Staff. American Heart Association, New Jersey Affiliate, April 1987.

"Positive Self Concept as an Essential Component of Health." Seminar. Wellness: Taking Control. Hemophilia Society of New Jersey. February 1987.

"Applied Psychotherapy for the Health Care Provider -- Integrating Physical and Mental Well Being." Keynote Speech. New Perspectives on Depression in the Elderly. Symposium. The Gerontology Institute of New Jersey, November 1986.

"Family Dynamics and Parkinson's Disease." Parkinson's Club, Middlesex General-University Hospital, March 1986.

"The 4 Generation Family: Attitudes, Behavior and Communication." Guest Panelist Presentation. Conference Sponsored by NJ Association of Area Agencies on Aging, November 1985.

"Burnout: The High Cost of Caring." Behavioral Medicine Conference for Department of OB/GYN, Middlesex General-University Hospital, April 1985.

"Dealing with Problem Behavior in Older Adults." A Full Day Workshop for Service Providers, Hunterdon County Area Agency on Aging, Flemington, NJ. March 1984.

"Intergenerational Pastoral Care." A Seminar for Joint Chaplaincy Committee, Board of Rabbis of Essex County, West Orange, NJ, February 1984.

"Crisis Management Training Program." for Continental Insurance Companies. Two-day Workshop. Designer and Facilitator. Presentations to include: "Experience of the Victim," "A Model of Crisis Intervention," and "Preventing Burnout," January 24-25, 1984.

"Decisions to Institutionalize: Ethical Rhetoric and Family Dynamics." with R.C. Cassidy, Ph.D. Seminar. Mountainside Hospital, Montclair, NJ. October 1983.

"Orientation for First Year Residents and Spouses." Retreat for Incoming Residents with B. Cohen, Ph.D., Somerset Family Practice Residency Program, June 1980, 1981, 1982, and 1983.

"Grief Work: Preventing a Morbid Reaction." Seminar. Program on Death and Dying, UMDNJ-Rutgers Medical School, March 1983.

"The Challenge of Mid-life: Predictable Crisis for Men and Women." First Edward H. Tunnin Memorial Lecture, Greenwood House, Trenton, NJ. June 1982.

"Who Cares for the Caregiver? -- Creating Personal Support Systems and Other Solutions." Full Day Workshop on Burnout in the Health Professions. Franzblau Institute for Continuing Education, West Orange, NJ. May 1982.

"The Challenges of Mid-Life -- Predictable Crisis for Men, Women and Family Relationships." Luncheon Address. Seventh Annual Leadership Symposium, Associated Auxiliaries of Jewish Homes for the Aging, West Orange, NJ, April 1982.

"Psychological Aspects of Aging." Site Manager's Training, Nutrition Program for the Elderly, State of New Jersey, Department of Community Affairs, Division on Aging, October 1978, March 1980, 1981, 1982.

"Coping with Change." Workshop. Symposium on "The Prime of Our Lives-Preparing for Change." Central New Jersey Jewish Home for the Aged, November 1981.

"Sex and the Mature Woman." Seminar. Middlesex County College, May 1981.

"The Person in the Cycle." Retreat for Second Year Residents and Spouses with B. Cohen, Ph.D., Somerset Family Practice Residency Program, April 1981.

"The Experience of Aging." N J Training Program for Alcoholism Treatment Personnel. March 1980.

"Psychological, Emotional and Social Aspects of the Normal Aging Process." Training Program for the Development of Career Ladders in Gerontology, Gerontology Program, Rutgers University, November 1978, January 1980.



Demonstration 15 Hour Geriatrics Training Program for Mental Health Clinicians. Riverside Hospital, Morris County, NJ, Fall 1979.

"Psychology of Aging." Training Program for Nursing Home Administrators, Central New Jersey Jewish Home for the Aged, November 1979.

"Defining the Differences Between Crisis Intervention and Short Term Therapy." Region VI Staff Development Program, Department of Health and Human Resources, State of Louisiana, Central Louisiana State Hospital, March 1978.

Panelist: Conference on Aging, Greystone Psychiatric Hospital, Morris Plains, N.J. 1977.

"Psychological Dimensions of Change and Adjustment in Aging." Kick-off Address, Conference on Transitional Services to the Aging, William Paterson College, September 1977.

"Psychosocial Aspects of Dealing with the Ostomy Patient." Seminar for Nurses, American Cancer Society, January 1977.

DOCTORAL DISSERTATION: "Self-perceptions of Tavistock conference membership concerning group behavior, authority relations, and primary task." 1975.

MASTER'S THESIS: "An experimental study of the effects of situational groups on the adjustment of college freshmen." 1973.

Mrs/cv/rev 11/14/18